

February Menu 2019

Site: Custer



Jan. Winner: Lucille B. (Wall SD)	Puzzle of the Month			#77A 1
Jan. Answer: Pineapple	Fill in the blanks f	Fill in the blanks for the words below & put your name into this month's drawing R		
	· · · · · · · · · · · · · · · · · · ·			
		C c t _	•	Green Bean Casserole 1CS
	C	C d H r s		V-8 Juice
		St r	•	Cranberry Sauce 1CS
	6			Pears 1CS
#20-1A 4	#57C 5	#25 6	#31A 7	#7A1 8
Spaghetti w/Meat Sauce 2CS	Beef Noodle Stroganoff 2CS	Sierra Chicken Casserole 2CS	Mexican Chicken Soup 1CS	Hamburger on a Bun 1CS
Steamed Broccoli	Parslied Carrots 1/2CS	Spinach Salad 1/2CS	w/Cheddar Cheese	Hashbrown 1CS
Garlic Bread 1CS	Cooked Cabbage	Baby Carrots 1/2CS	Unsalted Crackers 1CS	Corn 1CS
Apricots 1CS	Mandarin Oranges 1CS	Strawberries 1/2CS	Orange Juice 1CS	Tomato Slices on Lettuce
			Seasonal Fruit 1CS	Mandarin Oranges 1CS
#72D 11	#5-1A HAPPY BIRTHDAY 12	#18 13	#59B Valentine's Day 14	#76D 15
BBQ Chicken 1CS	Hungarian Goulash 3CS	French Dip Sandwich 1 1/2CS	Bean Soup 2CS	Breaded Baked Fish
Baked Potato w/Sour Cream 1CS	Parslied Carrots 1/2CS	Baked Potato w/Sour Cream 1CS	w/Ham,Carrots & Cheddar Cheese	Potato Wedges 1CS
Glazed Carrots 1/2CS	Cooked Cabbage	Green Beans	Strawberries 1/2CS	Squash 1CS
Med. Orange 1CS	Mandarin Oranges 1CS	Crunchy Cranberry Salad 1CS	Acini de Pepe Salad 1CS	LS V-8 Juice
	Cake 2CS	Apricots 1CS	Unsalted Crackers 1CS	Pineapple in Vanilla Pudding 1CS
# CLOSED 18	#62A 19	#49 20	CH#2 21	#17 22
	LS Ham	Beef Tips in Gravy	Sloppy Joe on Bun 2CS	Sausage Gravy over Biscuit 2CS
Presidents'	Cheesy Scalloped Potatoes 1CS	Mashed Potatoes 1CS	Cream of Broccoli Soup 1CS	Green Beans
Day	Peas 1CS	Tossed Salad w/Tomatoes	Chocolate Pudding w/Topping 1CS	Squash 1CS
*	Orange Juice 1CS	Broccoli	Med Orange 1CS	Jello w/Strawberries 1CS
* * 70	Apples Slab Pie 1 1/2CS	Peaches 1CS		
#6 25	#12E 26	#25-1A 27	#CH40 28	
Creamy Potato Soup 1 1/2CS	Swiss Steak w/Tomato & Onion	Taco Salad w/Meat & Beans 2CS	Cabbage Beef Soup 1 1/2CS	
Meat Salad Sandwich 2CS	Mashed Potatoes 1CS	Unsalted Crackers 1CS	Turkey Salad Sandwich 2CS	
Cucumber Slices	Seasoned Spinach	Peaches 1 CS	Wheat Crackers 1/2CS	
Tropical Fruit 1CS	Jello w/Topping	Vanilla Ice Cream 1 CS	Apple Crisp w/Topping 1 1/2CS	
	Pear Half 1/2CS			
****	e 8 oz. 1% milk (1 CS)		FOR RESERVATION	S OR CANCELLATION

*All meals include 8 oz. 1% milk (1 CS)

Choice of 1-2 bread / grain servings (1 – 2 CS)

Carb Servings = (CS) (1 = 15 grams Carbohydrate)

marked for diabetic diets

**All canned fruit is in light syrup

**Fat free dressing is served with salad

***MENU SUBJECT TO
CHANGE WITHOUT NOTICE***

FOR RESERVATIONS OR CANCELLATION

PLEASE CALL
CUSTER SENIOR MEALS
605-517-0621

24 HRS. IN ADVANCE
Please leave your name and what day