


















March Menu 2020

Site: Custer



<p>Monday 2 Creamed Turkey 1CS over Mashed Potatoes 1CS Parslied Carrots 1/2CS Coleslaw Orange 1CS Bread 1CS</p> 	<p>Tuesday 3 Swedish Meatballs 1CS Parslied Potatoes 1CS Baked Squash 1CS Tossed Salad w/Tomatoes Tropical Fruit 1CS Bread 1CS</p>	<p>Wednesday 4 Sloppy Joe w/Bun 2CS Potato Wedges 1CS Cooked Carrots 1/2CS Tomato Spoon Salad 1/2CS Pears 1CS</p>	<p>Thursday 5 Chicken Cacciatore 1/2CS Diced Potatoes 1CS Italian Vegetables Applesauce 1 1/2CS Garlic Bread 1CS</p> 	<p>Friday 6 Bean Soup w/Cheese 2CS Baby Carrots 1/2CS Mandarin Oranges 1CS Banana 2CS Cornbread 2CS</p>
<p>Monday 9 Spaghetti w/Meat Sauce 2CS Broccoli Banana 1CS Chocolate Pudding w/Topping 1CS Garlic Bread 1CS</p>	<p>Tuesday 10 HAPPY BIRTHDAY Chicken Fried Steak 1CS Mashed Potatoes w/Milk Gravy 2CS Green Beans Apricots 1CS Bread 1CS Cake 2CS</p> 	<p>Wednesday 11 Sierra Chicken Casserole 2CS Seasoned Spinach Baby Carrots 1/2CS Strawberries 1/2CS Bread 1CS</p> 	<p>Thursday 12 BBQ Chicken 1CS Baked Potato 1CS California Vegetable Blend Jello w/Fruit 1CS Cooked Apples 1 1/2CS Bread 1CS</p>	<p>Friday 13 Breaded Popcorn Shrimp 1 1/2CS Herb Diced Potatoes 1CS Peas 1CS Acini de Pepe Salad 1CS Peaches 1CS Bread 1CS</p>
<p>Monday 16 Chicken Pot Pie topped w/Biscuit 2CS Broccoli Peaches 1CS Butterscotch Pudding 1CS</p>	<p>Tuesday 17 St Patrick's Day Beef Stew 1CS Perfection Salad 1/2CS Irish Soda Bread Muffin 1CS Peaches 1CS Ice Cream 1CS</p> 	<p>Wednesday 18 Oven Omelet w/Ham & Cheese Pasta Veggie Salad 1 1/2CS LS Tomato Juice 1CS Banana 2CS Bread 1CS</p>	<p>Thursday 19 Swiss Steak w/Onion & Tomato Mashed Potatoes 1CS Seasoned Spinach Jello w/Topping 1CS Pears 1CS Bread 1CS</p> 	<p>Friday 20 First Day of Spring Tuna & Noodles 1 1/2CS Peas 1CS Tossed Salad Peach Crisp 1CS Garlic Bread 1CS</p> 
<p>Monday 23 Open-faced Hot Hamburger w/Mashed Potatoes & Gravy 1CS Peas and Carrots 1CS Cranberry Sauce 1CS Mandarin Oranges 1CS Bread 1CS</p> 	<p>Tuesday 24 LS Ham Sweet Potato 1 1/2CS Broccoli Orange Juice 1CS Bread 1CS</p>	<p>Wednesday 25 Mandarin Oranges Chicken 1CS Baked Potatoes 1CS Brussel Sprouts Banana 2CS Pudding w/Topping 2CS Bread 1CS</p> 	<p>Thursday 26 Cabbage Beef Soup 1 1/2CS Meat Salad Sandwich 2CS Crackers Apple Crisp w/Topping 1 1/2CS</p>	<p>Friday 27 Macaroni & Cheese 2CS Peas 1CS Stewed Tomatoes Peaches 1CS Bread 1CS</p> 
<p>Monday 30 Spanish Rice w/ Hamburger 3CS Seasoned Spinach Carrots 1/2CS Grape Juice 1CS Bread 1CS</p>	<p>Tuesday 31 Chili 1 1/2CS Cinnamon Roll w/Almonds 2CS Orange 1CS Lt. Fruit Yogurt</p> 	<p>Puzzle of the Month</p> <p>May I never miss a  or a  because I am  </p> <p>----- (6 letters) (7 letters) (7 letters) (4 letters)</p> <p>February Winners: Eunice L.(Belle Fourche) Cheryl B. (Sage View Glen)</p>		

*All meals include 8 oz. 1% milk (1 CS)
Choice of 1-2 bread / grain servings (1 – 2 CS)
Carb Servings = (CS) (1 = 15 grams Carbohydrate)
marked for diabetic diets
**All canned fruit is in light syrup

*****MENU SUBJECT TO
CHANGE WITHOUT NOTICE*****

**FOR RESERVATIONS OR CANCELLATION
PLEASE CALL
CUSTER SENIOR MEALS
605-517-0621
24 HRS. IN ADVANCE**